



November 18, 2020

Issue 19

### Valuable Resources

[Humboldt Healthcast Podcast](#)

[Medication Disposal Locations](#)

[Humboldt County Treatment Options](#)

[Where to get Naloxone](#)

[North Coast Resource Hub](#)

### Upcoming Events

[Substance Use Disorders in Youth: A Developmentally Informed Approach to Early Intervention and Treatment](#)

November 19th at 12:30pm

[Minor Consent for Substance Use Disorder Webinar](#)

December 1st 11:00am

**The Humboldt County Drug Medical Huddle**

December 14th at 11:00am

contact [josborne@humboldtipa.com](mailto:josborne@humboldtipa.com)

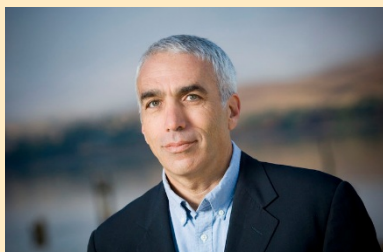
for information

### **2020 Humboldt County Opioid Safety Summit Series Recordings**

The 2020 Humboldt County Opioid Safety Summit series was a success. The five day event, that started on October 19th, started with a panel discussion of people with lived experiences and ended with a presentation from local experts on intersection between ACEs and addiction.



All recordings from each day can be found on the [Rx Safe Humboldt website](#) and the [Rx Safe Humboldt YouTube channel](#).



### **A conversation with David Sheff Webinar Recording is now available.**

The Partnership Health plan Wellness and Recovery Webinar Series featured a conversation with award winning author [David Sheff](#) several weeks ago. [The recording is now available.](#) This is an excellent webinar and a must see for everyone.

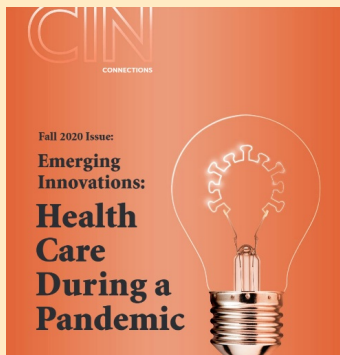
David Sheff is the author of Beautiful Boy: A Father's Journey Through His Son's Addiction, Clean, Game Over, All We Are Saying, and other books. His latest book, The Buddhist on Death Row: How One Man Found Light in the Darkest Place, was published in May 2020.

## The North Coast Health Improvement and Information Network Announces the Launch of the North Coast Resource Hub



The North Coast Health Improvement and Information Network (NCHIIN) is pleased to announce the launch of the [North Coast Resource Hub](#).

The North Coast Health Improvement and Information Network has partnered with the Rx Safe Humboldt Coalition to add [The Alternative Pain Management Resource Guide](#) to the North Coast Resource Hub. The North Coast Resource Hub has added additional functionality to the Alternative Pain Management Resource Guide that you will most certainly find extremely useful. The Coalition will continue to periodically produce a hard copy guide for distribution. If you are interested in receiving hard copy booklets please contact the coalition for information.



### California Improvement Network CIN Connections Fall 2020 Newsletter

The year 2020 has been unlike any other. The changes we're now seeing in our offices and through our screens, and the methods being used to address patient needs that we hadn't previously considered will impact health care for years to come. In this issue of [CIN Connections, Fall 2020 — Emerging Innovations: Health Care During a Pandemic](#), we learn how Dr. Mitch Katz, President and CEO, NYC Health + Hospitals,

adapted the delivery model of this public health care system in the surge of the pandemic in New York City, as well as how CIN partners modified their work and what they've learned in the midst of massive change during these past months.

### New Naloxone Data workgroup coming in January

The Humboldt Community Health Trust (HCHT), Humboldt County's Accountable Community for Health, is teaming up with Rx Safe Humboldt to launch a new workgroup in January focused on developing a centralized standard way to collect Humboldt County data on naloxone distribution and reported reversals.

If you are interested in joining this workgroup please contact Jessica Osborne-Stafsnes at [josborne@humboldtipa.com](mailto:josborne@humboldtipa.com)



### The Priority Care Center Addiction Services are now open.

The Priority Care Center is now offering Medical and Behavioral treatment services for addiction. Treatment for addictions can include the use of medications in combination with counseling.

Services offered include treatment for alcohol use disorder, opioid use disorder, stimulant use disorder, tobacco cessation, cannabis use disorder and benzodiazepine use disorder.

The Priority Care Center offers addiction services for patients over the age of 16 with the following health insurance plans:

- Anthem PPO & HMO
- Blue Shield HMO
- Blue Lake Rancheria

For more information contact Jane Brown at 707.267.9604 or click [here](#) for referral information. Patients can self-refer as well.

**More than 1 in 10**   
**American adults experience chronic pain**

>> Chronic pain is defined as pain that lasts >3 months



## One on One Provider Training

Our team of opioid and chronic pain trainers have been making the rounds all over Humboldt County to support providers. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder Management. We are available

to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

**Rx Safe Humboldt** and the **Humboldt Community Health Trust** are teaming up to bring you the most up to date news and information regarding Opioids and other Substance Abuse issues. This comprehensive newsletter will also highlight some of the work that both of these groups are doing across Humboldt County and the North Coast.

If you would like to submit information for this newsletter or have questions about the Humboldt Community Health Trust or Rx Safe Humboldt please contact Rosemary DenOuden at [rdenouden@humboldtipa.com](mailto:rdenouden@humboldtipa.com) or Jessica Osborne-Stafsnes at [josborne@nchiin.org](mailto:josborne@nchiin.org)

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